



WORLD ATHLETICS™

COACHING MATTERS

# COACH SAFEGUARDING

**Tuesday 7 December | 2pm CET / 5am PST | ZOOM**

The goal of coaching safeguards is to inspire and support coaches to deliver great coaching through best practice, training, research, and industry standards across sports, communities and national governing bodies. In safeguarding, WA's charge is to develop standards of care and raise awareness among coaches of how to recognize and respond to matters of safeguarding coaches at risk of discriminatory practices, unfair wages, false accusations, disrespect, and being violated with verbal, sexual, and mental abuse. The key to safeguarding is learning needs of coaches, athletes, and other sport staff and volunteers.

**"The deepest craving of human nature is the need to be appreciated." (William James, 1842-1910)**  
**"Are coaches really appreciated?"**

## MEET THE SPEAKERS



**Fiona May**

Competed in 3 Olympic Games, Hold the Italian Long Jump Record, Athlete Rep for Italian Olympic Committee; Mother of U20 European Long Jump Champion and Indoor World Record Holder, Larissa Iapichino. She first competed internationally in the long jump at the age of 14 in Junior U19 category and in later years obtaining European and World junior titles (1987 and 1988 respectively).



**Desiree Vardhan**

Leads the South African sports coaching system since 2009 as the manager at SASCOC (NOC for SA). She is the co-author of the South African Coaching Framework; SA Long Term Coach Development Model and South African Sport for life (SAS4L) and leads on sports coaching as the manager at SASCOC (NOC for South Africa).



**Peter Eriksson**

High Performance Advisor (Olympic and Paralympic); Professional leader with international success spanning multiple Olympic, Paralympic Games, World Championships, Commonwealth Games, and PanAm Games.



**Wendy Truvillion**

Moderator



**Bernard Lagat**

Lagat, new head XC coach at University of Arizona, became the first American to win an outdoor world championship gold medal in the 1,500-meter, marking the first Olympic or world championships gold medal in the event for the U.S. since 1908. 5-time Olympian, 2-time Olympic medalist.

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